

Covid-19 Procedures for all coaching sessions

Here is how we will be conducting our Covid-safe sessions at our coaching venues

1. The clubhouse will not be open (toilets are available if required but please try to plan ahead so you do not need to use them)
2. We have produced a video of our Covid-19 procedures that we would like all students (and parents) to watch prior to attending your first session: <https://www.youtube.com/watch?v=Qao1Wialn2Y&t=5s>
3. Do not attend if you:
 1. Have been in contact with someone with COVID-19 in the last 14 days
 2. Have been overseas or exposed to someone with COVID-19 in the last 14 days
 3. Have flu-like symptoms
 4. Or are in a high-risk health category, for example elderly or have a pre-existing medical condition.
4. We would also encourage everyone to download the Covid-safe app and all of our coaches have completed the Covid-19 infection control training.
5. Please only arrive 5mins before you lesson start time and at all times from the time you arrive use social distancing at all times
6. Only Participants are allowed on courts and at the venue. If participants are children one parent is allowed to watch. We recommend Parents watch from the car.
7. Please do not touch gates or doors where possible. All gates will be propped open to minimise contact
8. Upon arrival please wait outside of the court (on the designated marks).
9. Wait for the participants in the previous session to leave the courts
10. Once at your lesson go over to the coach and listen closely to their clear instruction. They will also sanitize your hands prior to the session beginning.
11. Drink taps will not be available so students need to bring their own clearly labelled drink bottle and the coach will tell you where to place this. Participants will not be able to bring food into the court.
12. Each participant will be given a clearly distinguishable ball tube for when we pick up balls later in the lesson. These will have been freshly wiped down with antiseptic wipes
13. For all instruction, drills and activities students will be spaced apart
14. Only the coach will touch the balls, cones, mats. If students need to touch the balls for serving or other activities they will be given a disposable glove to wear. The gloves will be disposed of once they are no longer required.
15. When students rotate positions, they will be guided to rotate away from other participants
16. When it is time to collect balls participants will get their own tube, fill with balls, and then line up at a designated position until safe to unload their tube. If the students are too young to use the tubes they will push all of the balls down one end with their racquets and the coach will pick the balls up
17. If you need to remove layers of clothing during the session these are to be placed with your drink bottle
18. If we think someone might be showing any signs of being ill we will politely ask to end the session and ask them head home with their parents or if no parents in attendance ask to them to sit down outside the court and we will immediately contact their parents.
19. If paying for lessons, restrings, etc where possible please paid by EFT rather than cash.
20. Once your lesson is finished the coach will again sanitize your hands. Please leave the court quickly and head home again. Please do not socialise inside the venue.
21. The coach will then sanitize the ball tubes prior to the next lesson beginning.



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